

*Development of sterile medicinal products
in Dutch hospital pharmacy*


SEHP
2011

Santiago de Compostella




Universitair Medisch Centrum
Utrecht

Introduction




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- **Willem Meulenhoff (1971)**
 - Production Pharmacist at NV Organon (MSD)
 - Head of the Production facility / Hospital Pharmacist at the University Medical Center Utrecht, the Netherlands
- GMP production game for hospital pharmacists (trainees) since 2005
- EAHP 2010: all about the site master file




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Introduction



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The Netherlands

- 16 million inhabitants
- 3000 Pharmacists
- 100 Hospitals
- 500 hospital pharmacists




Programme

- 1- Introduction
- 2- History of compounding in dutch hospitals
- 3- Development of drug products

Why, what and how

Take home message

- "Pharmacists can play an important role in the availability of drugs for rare diseases"



Introduction




UMC Utrecht

- University Hospital
 - Care
 - Research
 - Education
- 1000 beds
- 10000 employees



introduction




Hospital Pharmacy

- 150 employees
- Clinical pharmacy
- Therapeutic drug monitoring & toxicology laboratorium
- Pharmacy satellites in Childrens hospital and ICU
- Production unit


"Picture of hospital pharmacy"

Hospital pharmacy



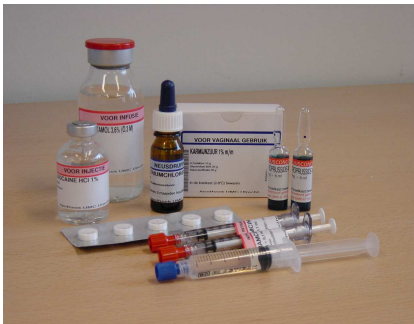
- Pictures
- Laboratorium
- ICU
- Clinical pharmacy
- Cytotoxic compounding
- Sterile production
- Non steriel vessels
- ampoules

Introduction







Production

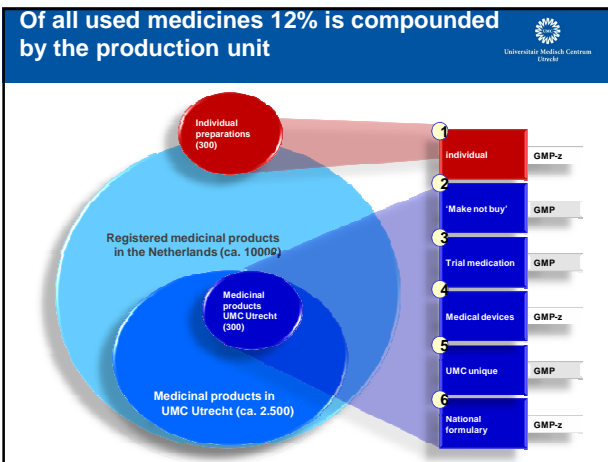
- Preparation
- Formulation



Mission of production unit UMCU:
Guarantee the availability of unique medicinal products

1 "Guarantee the availability"


-  **Development of medicinal products**
"formulation of not available drugs"
-  **Production of medicinal products**
"individual or stock preparation and compounding, conform GMP (Good Manufacturing Practice)"
-  **Delivery of medicinal products (selling)**
"selling of drugs to other pharmacies"
-  **Provide knowledge on the preparation of medicinal products**
"share knowledge on the preparation of medicines to other pharmacies to gurantee continuous pharmaceutical care"



Production unit UMCU

Key numbers

- Sterile & non sterile production
 - 1000 batches a year
 - 15000 Cytotoxic preparations
 - 5000 individual preparations
- 30 FTE, production staff
 - Incl 3 production pharmacist
 - QP, QC, QA, logistic
- GMP license for production trial medication





Introduction

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- pictures
- Van de nieuwbouw en de oudbouw



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- Pharmacists make medicines available!!!



The Good Pharmacist
Characteristics, Virtues, and Habits
Foreword by John A. Sasse
William A. Kelly and Elizabeth M. Siegel

Pharmacists can play an important role in the availability of medicines for rare diseases



- **European stimulation measures**
- EC141/2000 and EC1901/2006: Economical and regulatory incentives for pharmaceutical industries to stimulate the development of orphan drugs and pediatric drugs

- Where is the pharmacist?



An example: orphan drugs?



- Orphan Drug: for the diagnosis, prevention or treatment of a rare disease (OD)
- Rare disease: EU definition:
 - chronic progressive or life-threatening
 - prevalence < 5 in 10,000
- Worldwide millions of patients affected



Introduction orphan drugs Obstacles for development



- Small market
- Clinical trials
Too expensive

EC141/2000: Economical and regulatory incentives for pharmaceutical industries to make development cheaper

Guardian Unlimited

EU loophole sends drug prices soaring

Read today's paper

Special report
Medicine and health

Doctors say companies are exploiting regulations on life-saving treatments for patients with rare diseases

Sarah Boseley, health editor
Monday June 24, 2002
[The Guardian](#)

The prices of cheap, life-saving treatments for rare children's diseases are being increased by drug companies to levels where hospitals can barely afford them.

The companies are exploiting EU regulations concerning "orphan drugs" - drugs which are of benefit to fewer than five per 10,000 people - despite the rules being put in place in order to encourage the invention of new medicines.

Two children in Middlesbrough were hospitalised and put on

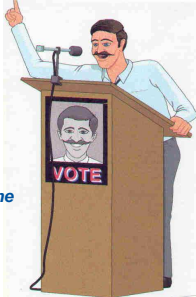
Relevance of compounding Case

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- Orphan Europe: Wilzin® tablet zincacetate formulation
- Pharmacy: oral liquid zinsulfate FNA formulation
- Ucyclyd Pharma: Ammonul®
- Pharmacy: sodiumbenzoate

- Over 10% of the orphan drugs (800) can be or is already made by pharmacists!

Pharmacists can play an important role in the availability of medicines for rare diseases




A short history of compounding in the netherlands

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Overview

- Until 1996 every pharmacy could do some preparations
- Until 2006 all hospital pharmacies could do sterile preparations
- Now about 25 hospital pharmacies Produce everything for all 100 hospitals



A short history of compounding in the netherlands

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Regulations

- To manufacture medicines you have to:
 - have an GMP license
 - have an market authorisation for your product

*Unless you're a pharmacist...
.....and its for your patient (care)*



A short history of compounding in the netherlands

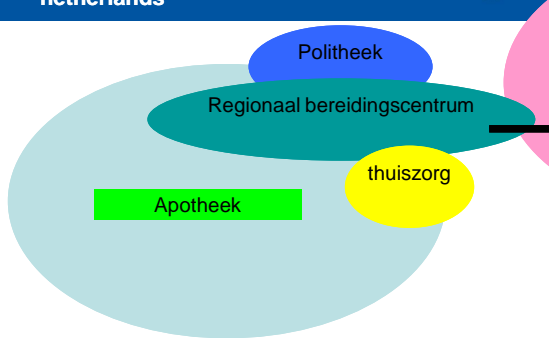
Universitair Medisch Centrum Gronau

Regulations

- If there is a need for a certain product it is allowed to pharmacies sell medicines without market autorisation if
 - GMP
 - no commercial alternative
 - There is a productdossier to substantiate product quality

A short history of compounding in the netherlands

Universitair Medisch Centrum Gronau



Good Manufacturing Practice



- GMP is logic
- Production is business
- GMP is not the goal, its just a way to get there

Development of new medicinal products



LEARNING OBJECTIVES

- Able to develop a hospital prepared "quality product"
- Able to design a new product with an understanding of the concept "quality by design"

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Development of new products in hospitals: policy



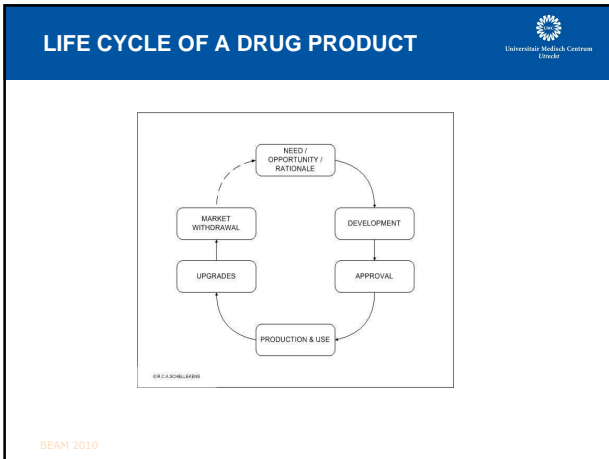
Aim = health care

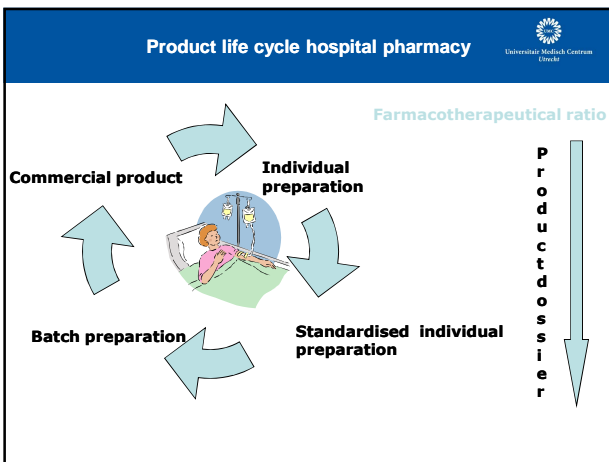
Policy in compounding:

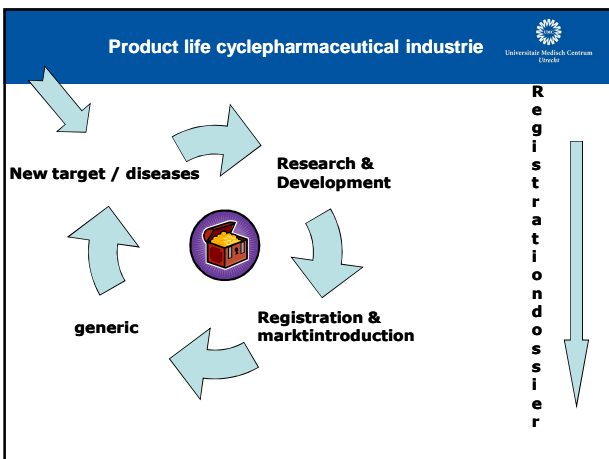
- Product is not-registered
- Product registered but not available
- Product is therapeutically relevant
- Product is not available in required (dosage) form

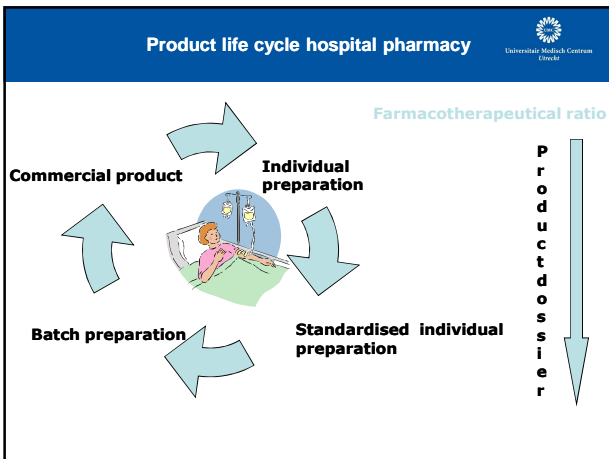
Complementary to pharmaceutical industry

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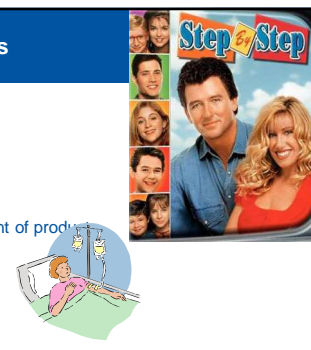




The development proces

STEP BY STEP

- 1-Rationale (WHY)
- 2- Design (WHAT)
- 3- Pharmaceutical development of prod
- 4- Development of proces
- 6- Clinical testing
- 7- Introduction



It starts with the patient and the question: why?

The development process

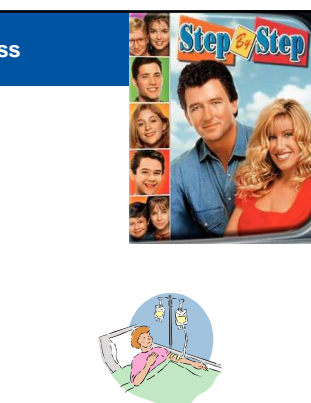
- **1-Rationale**

Why do we make this product?

Questions to be asked?

- Risk for the patient
- Alternatives
- Safety
- Effective
- Quality

- Eyedrops antibiotic or anti mycotic



The development process



The development process

- 1-Rationale (WHY)
- 2- Design (WHAT)
- Questions to be asked
 - How is the product going to be used?
 - What are the user requirements?
 - How is going to look like?



The development process: Design

- Examples
 - Sterile ice for transplantation
 - Glutaraldehyde solution
 - Intravitreal injections



The development proces

- 1-Rationale (WHY)
- 2- Design (What)
- 3- **Pharmaceutical development of product (WHAT)**




- Specify the pharmaceutical properties of the product
 - Sterile
 - Osmotic value
 - pH
 - particles?
 - Dosage & volume
 - Required stability



*To determine the properties that may effect safety of efficacy:
"QUALITY BY DESIGN"*


PHARMACEUTICAL DEVELOPMENT



- ICH Q8 (R2) (EMA/CHMP/167068/2004)
 - The aim of pharmaceutical development is to design a quality product and its manufacturing process to consistently deliver the intended performance of the product.
 - Scope:
 - Drug product submission for marketing authorisation
 - Not: pharmacy-prepared drug products
 - Not: IMPs

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AN EXAMPLE OF BAD DESIGN



Toepassing en risico's van trometamol

Complicatie: weefselnecrose

Rij de behandeling van acidose kan het nodig zijn gebruik te maken van alkalische middelen, zoals trometamol. Maar de toepassing van trometamol aan ernstige consequenties hebben.



- Trometamol 3.27% solution for infusion
 - isotonic but pH = 11
- Local toxicity of parenterals:
 - pH + buffercapacity
 - Osmolality
- New composition:
 - Trometamol
 - Glacial ac. acid
 - WFI
 - pH=8.5

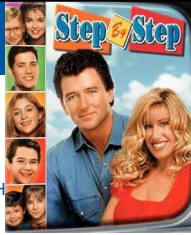
BEAM 2010 Hejman et al, PW, 2000

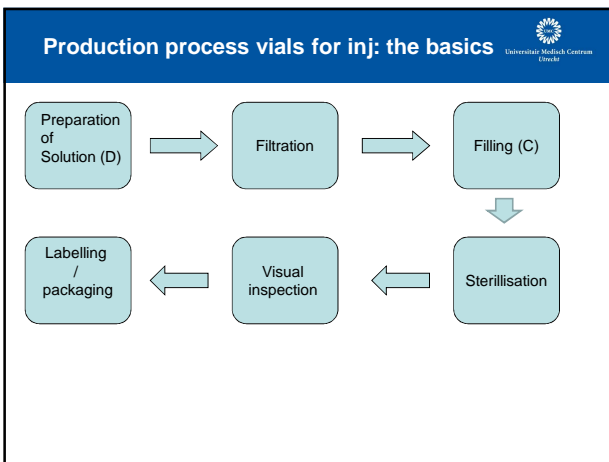
The development process

- 1-Rationale (WHY)
- 2- Design (WHAT)
- 3- Pharmaceutical development of product (WHY)
- 4- **Development of process (HOW)**

Parenteral drugs:

- if possible thermal sterilisation
- If possible in line filtration





The development process

Pictures of in line filtration
Picture of ampoule machine and cabin
Picture of autoclave



The development process 

- Development characteristics:
 - New combination of known drug substance, known compounding process, known dosage form and strength
 - Develop for limited number of patients (sometimes one patient)
 - Limited development time: months to hours (!)

The European Journal of Hospital Pharmacy Science Volume 17 • 2006 • Issue 6 • 9-15-17
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www.ejhp.org

Rapid development of pharmacy prepared labetalol injection as the solution for Trandate drug discontinuity

JWC Allrenee, PharmD, MSc, RPh; J van der Heijden, PharmD, MSc, RPh; R E Hender; B Greijdanus; DRA Uges, PharmD, PhD, RPh; JCA Schoellekens, PharmD, MSc, RPh



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The development process 

Formulation
To establish the preparation method and composition based on:

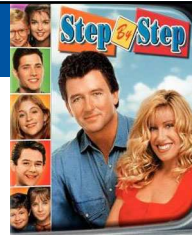
- Literature
- Experience in other pharmacies
- Physical & chemical data
- Test productions



The development process

Problems:

- Thermal instable products
- Thermal instable packaging
- Dry products
- Suspensions

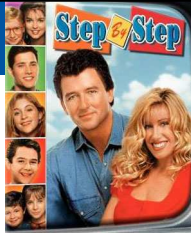


Alternatives to thermal sterilisation

- Sterilisation with gamma radiation
- Aseptic preparation

The development process

Picture gamma
Picture B room
Picture frozen eyedrop



The development process




- **Process validation**
 - to prove that the critical steps in the process are guaranteed
 - to consistently deliver the intended performance of the product.


- Specify the process and its components
- Risk analysis
- Determine possible critical parameters
- Testing of critical parameters
- Conclusion

A QUALITY PRODUCT

The development process



Process validation
An example



Filtration

Filling (C)

Sterilisation

Content before and after filtration
Content before and after sterilisation

The development process 

- Stability testing
 - Fixed interval
 - cluster



A QUALITY PRODUCT ALSO AT THE END OF SHELF LIFE

49

The development process 

- Stability testing
 - "example of fixed and of cluster"



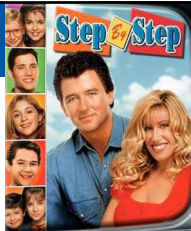
A QUALITY PRODUCT ALSO AT THE END OF SHELF LIFE

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The development process


STEP BY STEP

- 1-Rationale (WHY)
- 2- Design (WHAT)
- 3- Pharmaceutical development of product
- 4- Development of proces
- 6- **Clinical testing**



Most of the times no clinical testing




The development process 


No clinical testing:

- A known active substance
- Use (administration) is known from literature of registration data


Clinical testing

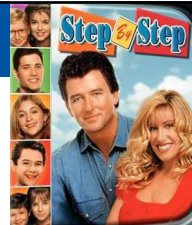
- A new or relatively unknown substance
- A new route of administration
- No literature data
- The product itself is subject of investigation (the aim is not care)



The development process 

An example
Intrathecal methylprednisolonacetate injection
Toxicity studie (animal)




The development process 

STEP BY STEP

- 1-Rationale (WHY)
- 2- Design (WHAT)
- 3- Pharmaceutical development of product
- 4- Development of process
- 6- Clinical testing
- 7- **Introduction**




It ends with the patient

The development process 

It ends with the patient:

- Results of development are considered
- Efficacy – Safety – Quality



This balance is different in care vs industry

The development process 



This balance is different in care vs industry

The pharmacist can make the difference

“Pharmacists can play an important role in the availability of drugs for rare diseases”
